



health  
alert  
series

# COVID-19

c o r o n a v i r u s

## HIGH RISK

Those at higher risk from serious illness due to COVID-19 are seniors and people with pre-existing medical conditions including:

- Cancer
- Diabetes
- Heart Disease
- High Blood Pressure
- Lung Disease



### Take Extra Precautions

Avoid crowds. Practice social distancing. Wash your hands often. Stay away from sick people. If COVID-19 is nearby, stay home.

*Contact your doctor if you have:*  
**fever, cough or  
shortness of breath**

